

Communication and positioning – a workshop for female researchers

Date: 22. + 23. January 2020

Time: 9am – 5pm

Place: FU Berlin, Takustr. 6, Room 003 (Seminarraum), 14195 Berlin

Trainer: Thomas Knappe, CoachingColleg Berlin

Content:

The workshop deals with your own thought pattern, previous beneficial or destructive communication behavior and specific communication skills in order to be seen and heard more convincingly in everyday professional life and in challenging conversational situations - for example in meetings, conferences or talks with PIs, supervisors, lab colleagues,...

It is also about improving your own visibility. The female participants learn to better understand thought and behavior patterns (from others and their own).

- my language – your language: differences and misunderstandings in the communication process
- internal mindset – external effect: thought and communication patterns and the impression you make on others
- gender specific communication pattern - does it exist? If yes, how do you use it (better)?
- active verbal and non-verbal communication
- development of your own communication strategies
- ...